

## Camper

- **1.** Discuss with your family important rules for camping.
- **2.** Go on a campout with your family and Adventurer group.
- **3.** Help pitch a tent.
- **4.** Help set up your stove or build a campfire.
- **5.** Help prepare at least one meal while camping.
- **6.** After your trip, help put camping supplies away.
- **7.** Memorize Psalm 34:7.

## Helps

- **1.** Camp away from streams and bodies of water. Do not harm the environment. Do not cut or destroy trees, bushes, or plants. Never leave a fire without putting it out. Never camp or hike alone. Do not run while carrying a sharp object. Check with the local Forestry Service for guidelines for your area.
- **2.** Camp out at least one night, making this a special time to enjoy nature (trees, flowers, stars, birds, etc.).
- **3.** Clear the ground, lay out a ground cloth, and help properly set up your tent. Learn to take care of all camping items, including tent zippers, tabs, and stakes.
- **4.** Learn safety when handling stoves, fuel, matches, and fire. Learn how to clear the area around a campfire and when and where it is safe to have a campfire.
- **5.** Learn to safely heat water and boil, fry, or bake food.
- **6.** When you arrive home, help clean and store camping supplies. Put your dirty clothes where they belong.