

Beginning Biking

1. Know how to ride a bike without training wheels.
2. Be able to ride three blocks in your neighborhood.
3. Know three biking safety rules.
4. Color a picture of a bicycle and be able to identify the following:
 - a. Handlebars
 - b. Chain and guard
 - c. Spokes
 - d. Seat
 - e. Main frame
5. How are tires pumped up?

