Prayer

- 1. Explain why we pray, what we pray for, and how we pray. Read Isaiah 40:31.
- **2.** Read Matthew 6:5-15, the Lord's Prayer.
- **3.** Have a personal prayer time with Jesus each day.
- 4. Share with someone you know what you learned about praying and say a prayer with him or her.
- **5.** Do two or more of the following:
 - **a.** Lead out in a club opening or closing prayer or have prayer during family worship
 - **b.** Make a card with a prayer in it and give it to someone
 - **c.** Ask the pastor about prayer
 - **d.** Have a prayer breakfast for kids and parents



Helps

- 1. We pray to stay close to Jesus because He is our very best Friend and we want to be like Jesus (read Mark 1:35). We pray to thank Him for His love and care, to ask for forgiveness, and to help others and ourselves (James 5:16). We should have a quiet time each day with Jesus, but we can pray any time, anywhere.
- **2.** Discuss the Lord's Prayer with children.
- **3.** Ask parents to encourage children to pray and to make it a daily habit.
- **4.** Discuss how to teach someone to pray.
- **5.** Discuss with the children how each of these activities can be done. For the prayer breakfast, invite kids of all ages to attend and have a child give the message.