## **Dressmaking**

- 1. Have and review the Basic Sewing Honor.
- 2. Have a practical sewing box for your sewing supplies. Include in it a pin cushion, tape measure, pins, needles, thread, scissors, seam gauge and seam ripper.
- 3. Know how and when to: baste, overcast, zigzag, and blind hem.
- **4.** Identify (a) 5 natural fabrics such as cotton, linen, wool, silk and etc. and (b) synthetic fabrics such as rayon, nylon, dacron and polyester.
- 5. Show and demonstrate how to straighten fabric before use.
- **6.** Choose a pattern for an item such as a shirt, blouse, skirt or shop apron. Properly lay your pattern on the material, cut it out, and sew your item to completion.

## Skill Level 1

**Original Honor 1929** 

## Dressmaking, Advanced

- **1.** Have the Dressmaking Honor.
- **2.** Do the following: sew a seam with finished edges, make darts, gather, bind, top stitch, and make a French seam.
- **3.** Make a neat buttonhole.
- **4.** Demonstrate on another person how to measure for length of skirt and pant, length of sleeve, and length from neck to waistline.
- **5.** Make a blouse or shirt with set-in sleeve and a collar, and explain how you would adjust the shoulders for persons of different build.
- **6.** Explain how to make at least four of the following alterations or modifications in patterns: shorten/lengthen waist, shorten/lengthen sleeve, waist size, shorten/lengthen skirt or pants, and shorten/lengthen blouse.
- 7. Make a pair of pants or shorts that fit properly.
- **8.** Make a skirt that fits properly.
- **9.** Select from pictures or draw an outfit for yourself that shows proper color harmony and is complementary to your figure.

## Skill Level 2

**Original Honor 1956**