

# Young Adult Ministry

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## Resource Catalog

Resources for outreach, retention, integration of young adults into church life, and helping young adults transition into leadership roles.

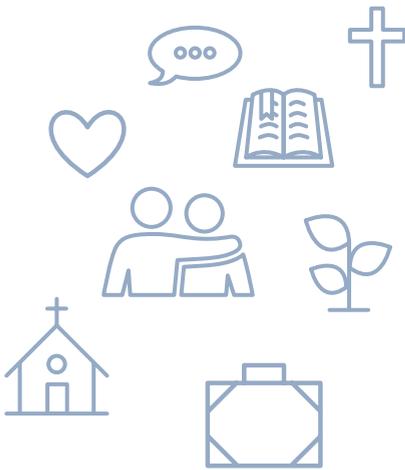


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- 13. Church of Refuge

# INSIDE

HELPFUL RESOURCES AND IDEAS FOR YOUR MINISTRY



## DEAR MINISTRY LEADER,

We support you in your efforts to reach, empower, and love young adults better in your community for Jesus. In this catalog you will find resources for young adult ministry that will help you lead a ministry focused on:



- Outreach: becoming a friend to young adults inside and outside of your church
- Retention: keeping young adults involved in the church and reclaiming young adults who are no longer attending church
- Integration: acting as a mentor and providing young adults with a place to serve
- Release: helping young adults transition into leadership roles

AdventSource is the place to find resources, information, and support for your church's young adult ministry. From leadership books and training videos to Bible studies and small group courses, you'll find everything you need to lead a vibrant ministry.

Tracy Wood

Youth & Young Adult Ministries | North American Division

## Young Adult Ministry

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14. Resources

The North American Division has developed a ministry framework with young adults known as Young Adult LIFE. It includes six aspects:

- We Are Listening – young adults want to be heard and contribute with their leaders
- Small Group Communities – young adults naturally gather around common interests
- Verb (it's an action word) – young adults want to make a significant contribution to worthy causes
- What I Believe – young adults have a need to decipher and define their own beliefs
- The Locals – young adults want a spiritual place to be involved with and to belong
- Campus & Career – young adults are in the life stage of developing relationships and career choices



[vimeo.com/225910973](https://vimeo.com/225910973)



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## We Are Listening

vimeo.com/225910973

# We Are Listening



*We Are Listening* can be an incredible first step on a journey toward loving, reaching, and retaining young adults more effectively in your community.

It is a catalyst for cultural change in your community. Unlike many other young adult ministry resources, this is not another program, but a simple process. Every young adult ministry context is unique, and you can customize this process according to your local needs.

Created by NAD Young Adult Ministries (AdventSource)

Product # #629745 Price **\$7.95**

*Quantity discounts available*



### Get to Know You Cards

These cards contain 52 questions designed to help the young adults in your group get to know each other. An easy and fun way to begin meaningful friendships.

By Steve Case (AdventSource)

Product # #019250 Price **\$9.95**



### Qs 4 U Card Set

This colorful deck of 58 question cards can help young adults focus on the real issues behind many questions.

By Steve Case (AdventSource)

Product # #602135 Price **\$9.95**



### Throw & Tell Balls

Inflate ball. Roll with the fun. Get young adults discussing and sharing—instantly! Throw & Tell Balls include 52 questions...some serious, some wacky, some funny, some deep, some intimate—all intriguing.

By Group (Group Publishing)

Product # #602627 Item Ice-Breakers #010510 Storyteller

**\$9.95 each**



## CONNECT WITH YOUNG ADULT MINISTRIES

**Website:** [YoungAdultLife.com](http://YoungAdultLife.com)

**Facebook:** @NADYouthMinistries

**Facebook group:** [facebook.com/groups/NADYAMA/](https://facebook.com/groups/NADYAMA/)

**Vimeo:** [vimeo.com/youngadulthood](https://vimeo.com/youngadulthood)



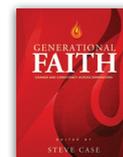
### Generational Faith 180

The Bible refers to consequences continuing to the third and fourth generations, and blessings for a thousand generations. If that's true, why has the next generation dropped out of church and lost interest in God? Have the Bible's promises expired? This book includes 13 papers on reaching today's young people.

Edited by Steve Case (AdventSource)

Product # #625940 Price **\$14.95**

*Quantity discounts available*



# NEXT STEPS

## Free Online Training

The Next Steps Course will help you understand the findings from the Adventist Millennial Study conducted by the Barna Group. It empowers a research-informed, relevant approach to young adult ministry.

When you complete Next Steps, you will be able to:

Understand the findings of the Adventist Millennial Study conducted by the Barna Group.

Analyze strategies and approaches to young adult ministry in comparison to research.

This **free online training** is available through the Adventist Learning Community at [NextSteps.YoungAdultLife.com](http://NextSteps.YoungAdultLife.com)

**Facebook group:** @SDAnextsteps

## Next Steps Workbook

Use the workbook to follow along as you complete the Next Steps Course.

By A. Allan Martin (AdventSource)

Product #	Price
#629737	<b>\$8.95</b>

*Quantity discounts available*



*"NEXT STEPS is a valuable resource inspiring and educating leaders to speak intelligently about the challenges and incredible potential in reaching today's young adult generation. The church has been sounding the alarm of crisis for years—the NEXT STEPS journey will help move the church past 'we need to do something' into action and relationship with Millennials. I'm confident that any leader who takes the time to use this free online course will benefit from it greatly."*

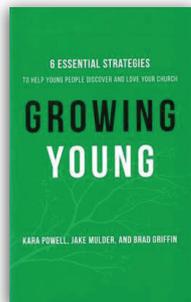
—Benjamin Lundquist, MA, Oregon Conference Young Adults Director & NAD Young Adult LIFE Coordinator

## Growing Young

Churches are losing both members and vitality as increasing numbers of young people disengage. Based on groundbreaking research with over 250 of the nation's leading congregations, *Growing Young* provides a strategy any church can use to involve and retain teenagers and young adults.

By Kara Powell, Jake Mulder, and Brad Griffin (Baker Books)

Product #	Price
#629736	<b>\$19.99</b>

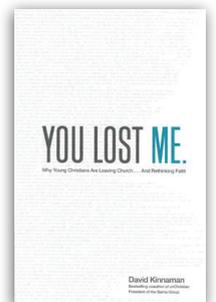


## You Lost Me

This wide-ranging study debunks persistent myths and examines the likely consequences for young adults and the church. Find ideas for passing on faith and ideas for young adults to find themselves in wholehearted pursuit of Christ.

By David Kinnaman and Aly Hawkins (Baker)

Product #	Item	Price
#629746	Book	<b>\$15.99</b>
#629747	Discussion Guide	<b>\$9.99</b>





## Small Group Communities

vimeo.com/225911019

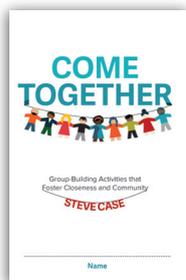
### Come Together

It's great to be in a tightly-knit group, but getting to that point often proves challenging. Although each group is unique, you can count on some key principles and follow a basic flow to foster closeness and community in your group—whether it's with 5 people, 50, or 500. In this book Steve Case has put together a "bag of tricks" that he collected over decades of experience.

By Steve Case (AdventSource)

Product #	Price
#629729	\$8.95

Quantity discounts available



### Let's Talk About Jesus

Want small group discussion starters? Use these prompts to get your group going. Steve Case draws on his love for Scripture, personal experiences, and training by taking a passage of Scripture and offering questions that draw out the meanings that lead to personal applications of the Bible. Small group leaders will appreciate the content and flexibility of these Bible studies.

By Steve Case (AdventSource)

Product #	Price
#419274	\$6.95

Quantity discounts available



### Invitation

*Invitation* is an introduction into the life and mission of Jesus. It is a personal journey into the life God has in mind for all of us.

By Ron Pickell (AdventSource)

Product #	Item	Price
#629743	Leader's Guide	\$5.95
#629742	Participant Guide	\$3.95



### Greater Things

Who was Jesus? What was His mission? What can Jesus teach us about ourselves, life's meaning, and our relationship to others? *Greater Things* builds on the call to discipleship.

By Ron Pickell (AdventSource)

Product #	Item	Price
#629749	Leader's Guide	\$5.95
#629750	Participant Guide	\$3.95



### Coming Together

*Coming Together* is a group approach to spiritual renewal. It's about starting small groups whose members seek to find intimacy with God in community. Perfect for personal study, prayer meeting, or small groups. Each book includes 13 lessons.

By Curtis Rittenour, Dan Linrud, Diane Forsyth, Bill Ashlock, and Delcy Kuhlman (Center for Creative Ministry)

Product #	Item	Price
#420032	Book #1: Experiencing God Through Scripture	\$5.95
#420033	Book #2: Experiencing God Through Prayer	\$5.95
#420034	Book #3: Experiencing God Through Contemplation	\$5.95
#420035	Book #4: Experiencing God Through Spiritual Mentoring	\$5.95
#420031	Leader's Guide	\$9.95
#420036	Complete Set	\$19.95



# iFOLLOW Bible Study Guides

iFollow is a series of six-week Bible studies created by the North American Division. Each Bible study guide features suggested Scripture readings, fundamental belief applications, questions for discussion, and additional study resources. iFollow is ideal for midweek meetings, small groups, and Sabbath School classes. Leader's guides are also available. Find more iFollow titles at [AdventSource.org](http://AdventSource.org).

## Challenged to Love

This study guide will take you through Paul's words in the Bible's famous "love chapter" of 1 Corinthians 13, as well as other parts of Scripture that help us understand the powerful, unconditional, selfless love of God. Discover the countless ways God's love can manifest within our lives today, and how you can help share His love with others.

By Curtis Rittenour (AdventSource)

Product # Price  
#417847 \$5.99

Quantity discounts available



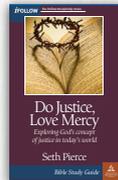
## Do Justice, Love Mercy

When thinking of the term "justice," some people might picture a courtroom, handcuffs, a police car, or a jail cell. Some may even think of superheroes. But what does "justice" mean when it's used in the Bible? This Bible study will lead you through Scripture to discover the different meanings and implications of justice and how it impacts a Christian's worldview.

By Seth Pierce (AdventSource)

Product # Price  
#417851 \$5.99

Quantity discounts available



## An Indescribable Welcome Home

There is a hole in the heart of many believers, especially parents who lament that their adult children no longer participate in the church. Renewing lost friendships is part of the Good News of Jesus, and *An Indescribable Welcome Home* will help you learn where to begin. This book uses a series of stories told by Jesus to describe how He wants us to relate to the people who have quit coming to church.

By Paul Richardson (AdventSource)

Product # Price  
#417836 \$5.99

Quantity discounts available



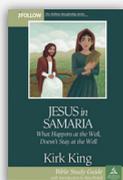
## Jesus in Samaria

*Jesus in Samaria* looks at the process that transforms skeptics into believers, moving from an initial connection with Jesus, through a conversation with the Word, and into His community, where they feel called to share their conviction with others—the conviction that Jesus is the Savior of the world.

By Kirk King (AdventSource)

Product # Price  
#417853 \$5.99

Quantity discounts available



## The Forgiveness Formula

Forgiveness is at the center of our faith. But what does it mean to forgive? Is it to forget any wrongdoings, to accept an apology, to reconcile, to move on? What does it look like in real life? *The Forgiveness Formula* offers many insights on developing a spirit of forgiveness and putting it into practice.

By Roberta Fish (AdventSource)

Product # Price  
#417862 \$5.99

Quantity discounts available



## A Hole in the Soul

Drawing from the author's own personal "Solomon search," along with years of professionally counseling others, this iFollow Bible study guide navigates through Ecclesiastes in a way that helps us apply Godly wisdom in our daily lives.

By Omar Miranda (AdventSource)

Product # Price  
#417849 \$5.99

Quantity discounts available





## Verb [it's an action word]

[vimeo.com/225911060](https://vimeo.com/225911060)

### inSpire

inSpire is a community of Seventh-day Adventist members who are passionate about the creative arts and wish to share their ideas and creations. Songwriting, drawing, painting, photography, sculpture, poetry, videography, and more can be used in powerful ways to convey God's stories of hope and healing to our churches and surrounding communities. inSpire hosts an annual conference along with a writing and songwriting contest.

[VisitInspire.org](http://VisitInspire.org)

### Sonscreen Film Festival

The Sonscreen Film Festival is an annual gathering for Christian young adults who have a passion for using film and video for the purpose of creating timely and relevant productions for social awareness, outreach, and uplifting creative entertainment.

[SonScreen.com](http://SonScreen.com)

### Maranatha Volunteers International

Are you looking for a service opportunity for the young adults in your church? Maranatha connects volunteers with opportunities for building Seventh-day Adventist churches and schools around the world.

[Maranatha.org](http://Maranatha.org)

### Cruise with a Mission

Young adults ages 18-35 are invited to join Cruise with a Mission each December for a vacation with a purpose. Participants will spend one week enjoying a cruise ship while experiencing spiritual renewal and participating in mission projects.

[CYE.org/ministries/cruise-with-a-mission](http://CYE.org/ministries/cruise-with-a-mission)

### Share Him Mission Trips

Join ShareHim to partner in evangelism with fellow Adventists around the world. Participants will have the privilege of being a guest speaker for an evangelistic campaign.

[ShareHim.org](http://ShareHim.org)

### Andrews University Music and Worship Conference

This annual conference provides training opportunities for anyone involved in worship ministry. Learn principles and practices for incarnational worship ministry that glorifies God, transforms worshipers, and changes the world.

[CYE.org/ministries/music--worship](http://CYE.org/ministries/music--worship)

### Global Youth and Young Adult Day

The Seventh-day Adventist Church has set aside the third Sabbath each March as Global Youth and Young Adult Day. This annual event is designed to mobilize youth and young adults for service and evangelism.

[Youth.Adventist.org/GYD](http://Youth.Adventist.org/GYD)





## What I Believe

vimeo.com/225911088

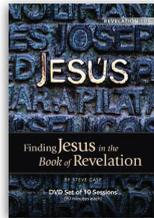
### Revelation 101

If you're into Jesus, you'll love this. If you're into the Book of Revelation, you'll love this. If you're into both Jesus and the Book of Revelation, you'll go bonkers for this verse-by-verse study of Revelation that maintains a focus on Jesus. Each of the 10 sessions runs for about 90 minutes.

By Steve Case and Dan Wysong (Involve Youth)

Product #	Item	Price
#416729	Presenter's Manual USB	\$149.95
#419291	DVD Set	\$149.95
#416728	Participant Guide	\$9.95

Quantity discounts available

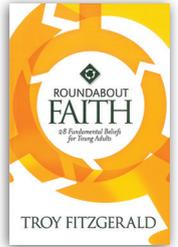


### Roundabout Faith

Roundabout Faith moves through 28 Christian teachings anchored in the Person of Christ. As young people mature into adults, the decisions and commitments they make about faith are usually not like an intersection, but rather like a roundabout where traffic slows and flows around a central point. Negotiating through the flow of traffic and exiting in a desired direction is the goal. This book invites young adults to explore the landscape of their faith in such a way that they are grounded in God's word and alive with the freedom to relentlessly pursue their calling in Christ.

By Troy Fitzgerald (Leadout Ministries)

Product #	Price
#629670	\$9.95

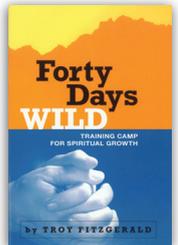


### Forty Days Wild

This book will take you on a 40-day spiritual journey. It is designed for use with a partner, mentor, or small group looking for spiritual transformation. Each day you will read a section from the life of Christ and a devotional thought, complete the exercise or challenge for that day, and reflect and share with your partner(s) about your experience.

By Troy Fitzgerald (Leadout Ministries)

Product #	Price
#625815	\$9.95



### Seeing Red

Seeing Red is a small group experience that grapples with the words Christ spoke and seeks to allow what Jesus said to shape life today. With this study guide, all you need is a Bible that has the words of Christ in red and a willingness to respond. Whether you are experienced with small groups or jumping in for the first time, you will find this resource loaded with practical tools that will make your small group experience rich and transforming.

By Troy Fitzgerald (Leadout Ministries)

Product #	Price
#625816	\$6.95



Have a question about your order? Need information about a resource?

Email us at [service@AdventSource.org](mailto:service@AdventSource.org) or call 402.486.8800



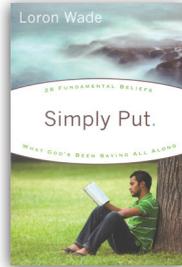


## Simply Put

There's a lot of noise in our world. And God? Well, He's been speaking quietly for a few thousand years now. And waiting patiently for us to get the message—or even to pay attention. Discover what God's been saying all this time—and why He wants you to know. If you are looking for a practical guide to the Seventh-day Adventist Church's fundamental beliefs, check out *Simply Put*.

By Loren Wade (Review & Herald)

Product #	Price
#416352	\$14.95



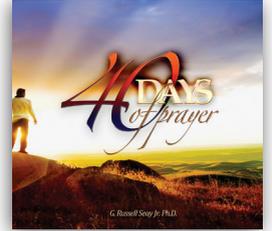
## 40 Days of Prayer

Delve into real-life applications of topics including forgiveness, faith, health, and finances. Each day's lesson starts with a Bible text and ends with a prayer. You also have a place to write your response to each day's prayer study.

By G. Russell Seay Jr. (AdventSource)

Product #	Price
#620474	\$2.95

*Quantity discounts available*



## iBELIEVE BIBLE

iBelieve Bible is a web series for youth and young adults who want to dig deeper into issues of faith and spirituality. Use iBelieve Bible videos and discussion questions as part of a Sabbath school class, small group, or any setting where young adults gather to discuss their walk with God.

**iBelieveBible.com**

**Facebook:** @iBelieveBible



## ADVENTIST LEARNING COMMUNITY

Are you looking for free online training for your church's young adult leaders? Check out the Adventist Learning Community, where you can join training courses and find additional resources. The Adventist Learning Community offers a growing catalogue of courses to empower church members as leaders in their churches, schools, and communities.

**AdventistLearningCommunity.com**



ADVENTIST LEARNING  
COMMUNITY





## The Locals

vimeo.com/225911931

### hey! love them and they will come

In this book, the authors share their vision and passion about ministry to young people. They offer their insights about the church, youth involvement, religious experience, ministry, faith development, worship, Bible study, compassion, and creativity.

By Bailey Gillespie & Timothy J. Gillespie (Hancock Center)

Product #	Price
#602365	\$5.00

Quantity discounts available



### Ministering with Millennials

*Ministering with Millennials* starts with a complete overview of this interesting and important generation. Among the 25 papers included, you will find powerful ministry ideas presented by Steve Case, Michaela Lawrence, Chris Blake, Lisa Hope, Ron Whitehead, Allan Walshe, Victor Marley, and many others. Topics include using short term mission trips as a connector, creating relational young adult ministries, and how to “hand on faith” to the next generation.

Edited by Roger Dudley (AdventSource)

Product #	Price
#623967	\$17.95

Quantity discounts available

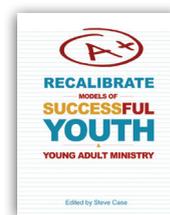


### Recalibrate

Recalibrate shares the top 10 models for youth and young adult ministry. See the Lost and Found Model, Discipleship Model, Family-Based Model, Missional Model, Small Group Model, and more. Also included are seven additional models and 19 papers that will give you many more ministry ideas. You will appreciate this wealth of knowledge from youth and young adult ministry practitioners.

Edited by Steve Case (AdventSource)

Product #	Price
#625935	\$14.95



## HOW DO I ORDER?

→ Visit [AdventSource.org](http://AdventSource.org)

→ Call us at 402.486.8800

→ Fax your order to 402.486.8819

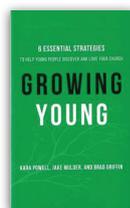
→ Mail in the order form from this catalog

### Growing Young

*Growing Young* provides a strategy any church can use to involve and retain teenagers and young adults. It profiles innovative churches that are engaging 15- to 29-year-olds and as a result are growing—spiritually, emotionally, missionally, and numerically.

By Kara Powell, Jake Mulder, and Brad Griffin (Baker Books)

Product #	Price
#629736	\$19.99



### Life-giving Mentors

If you are looking for ways to mentor youth and young adults in your church and community, this book is for you. *Life-giving Mentors* is an encyclopedia on the subject of mentoring. It's designed for staff in colleges, public schools, nonprofit organizations, corporations, churches—anywhere young leaders hang out.

By Tim Elmore (Growing Leaders)

Product #	Price
#602457	\$14.95



# Growing Young Adventists

Reprinted from the April 2017 issue of *Ministry*.

Powell, Mulder, and Griffin used the resources available to them at Fuller Theological Seminary to understand what was really happening to those aged 15 to 29. In reviewing more than 80 books and interviewing the staffs of 363 churches, they were able to recognize six linked factors which churches that were growing young have. What the book focuses on are six core commitments the local church needs to grow young. Here is their brief summary of those six core commitments:

## 1 Unlock keychain leadership.

Instead of centralizing authority, empower others—especially young people.

## 2 Empathize with today's young person.

Instead of judging or criticizing, step into the shoes of this generation.

## 3 Take Jesus' message seriously.

Instead of asserting formulaic gospel claims, welcome young people into a Jesus-centered way of life.

## 4 Fuel a warm community.

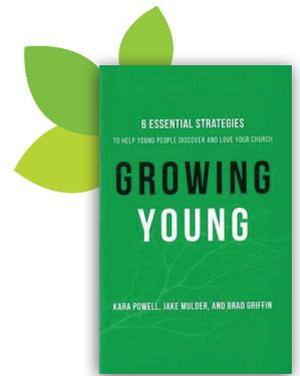
Instead of focusing on cool worship or programs, aim for warm peer and intergenerational friendships.

## 5 Prioritize young people (and families) everywhere.

Instead of giving lip service to how much young people matter, look for creative ways to tangibly support, resource, and involve them in all facets of your congregation.

## 6 Be the best neighbors.

Instead of condemning the world outside your walls, enable young people to neighbor well locally and globally.



#629736 \$19.99

By Kara Powell, Jake Mulder, and Brad Griffin, Grand Rapids, MI: Baker Books, 2016.

Reviewed by Bill Bossert, DMin, pastor of the Naples Seventh-day Adventist Church, Naples, Florida, United States.



## GROWING YOUNG CHURCH RESOURCES

Find a collection of free downloads to accompany your reading of *Growing Young*.

<http://bit.ly/2uH2kDj>

## GROWING YOUNG COHORT

Start reaching teens and young adults like never before by joining the Fuller Institute's Growing Young Cohort.

<http://bit.ly/2tmXjvU>

# CHURCH OF REFUGE

## Churches changing—together.

Adventist youth today yearn for a sense of purpose and belonging. Over the last decade, COR has been providing Adventist churches with the resources, training, and network needed to connect with this generation.

Since its founding at the SDA Theological Seminary by the Center for Youth Evangelism, COR's unique approach has been adopted by divisions and pilot churches around the world, with the goal of creating truly inclusive, cross-generational places of worship and community.

9 Core Values:

- Sabbath
- Discipleship
- Acceptance
- Community
- Support
- Service
- Leadership
- Budget
- Change

Join us, and help prepare our churches to meet the future.  
Visit [cye.org/cor](http://cye.org/cor)



**CHURCH OF REFUGE**

[cye.org/cor](http://cye.org/cor)



## Campus & Career

[vimeo.com/225911993](https://vimeo.com/225911993)

### Adventist Christian Fellowship

This guide will assist in starting successful Adventist-based ministries on non-Adventist college and university campuses. It can help even the smallest ministries make the best use of their resources and time.

By Kirk King and Ron Pickell (AdventSource)

Product #	Price
#629725	\$7.95



### The Word on Campus 2nd Edition

This is a book about how students can form communities on campus to reach out. Learn about programming, engaging students, and more.

By Kirk King with Ron Pickell (AdventSource)

Product #	Price
#623956	\$12.95

*Quantity discounts available*



### With: Incarnational Leading on Campus

Read this book if you want to allow God to transform you into the incarnational leader He wants you to be.

By Michaela Lawrence Jeffery (AdventSource)

Product #	Price
#629715	\$4.95

*Quantity discounts available*



### Life After School

In this book, you'll find a variety of perspectives on how to handle what's next after graduation.

By Michaela Lawrence Jeffery (AdventSource)

Product #	Price
#629741	\$4.95

*Quantity discounts available*



### Public Campus Quick Start Guide

Find the information you need to start a ministry on a public college or university campus in this Quick Start Guide. It includes steps for getting started, ideas for planning events, recommended resources, and more.

Created by NAD Young Adult Ministries (AdventSource)

Product #	Price
#623870	\$2.95

*Quantity discounts available*



### Faith Not Fear

This book includes 16 essays on aspects of fear from various Seventh-day Adventist authors. You can use these writings as discussion starters in small-group settings.

By Michaela Lawrence Jeffery (AdventSource)

Product #	Price
#629740	\$4.95

*Quantity discounts available*

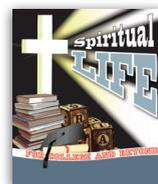


### Spiritual Life for College and Beyond

This booklet presents four principles from Scripture that will provide context and direction for what lies ahead.

By Kirk King with Ron Pickell (AdventSource)

Product #	Price
#623971	\$2.50



## ADVENTIST CHRISTIAN FELLOWSHIP

Adventist Christian Fellowship is a movement of students seeking to join the mission of Christ for their campuses. Find resources, sign up for email updates, and more at [acflink.org](http://acflink.org).

NEW!

## Humans of ACF

Adventist Christian Fellowship (ACF) is a discipleship program offered by the Seventh-day Adventist Church where students are learning to take on ministry as they enter a public college or university. Through ACF, students are learning to own their faith and to begin to share it with other people. They are also helping to revitalize the local church when they stay active in their faith.

This compilation features some of the different stories and personalities that make up the community of Adventist students and chaplains across public and private colleges and universities in North America. It also shares some of their unique faith journeys and experiences.

Created by NAD Young Adult Ministries (AdventSource)

Product #      Price  
#629755      \$8.95



## Reach the Campus Reach Your World

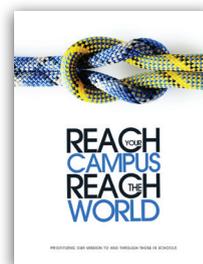
An estimated 70% of Seventh-day Adventist college and university students attend non-church sponsored schools. Many of these students are not finding a spiritual community they can connect with, creating a tremendous need for public campus ministry.

How can the Seventh-day Adventist Church intentionally foster biblical community on public college and university campuses? How can we reach both Adventist and non-Adventist students? How should we conduct evangelism to fit a changing world? These and many other questions are addressed in this book.

Edited by Steve Case (AdventSource)

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## ADVENTIST COLLEGES AND UNIVERSITIES

Visit the Adventist Colleges and Universities website to discover the 13 Adventist colleges and universities in the North American Division. This website is great for young adults looking for more information about Adventist higher education.

Visit [AdventistColleges.org](http://AdventistColleges.org)



## THAT CHRISTIAN VLOGGER

Young adults are looking for answers to questions about life and spirituality. Check out That Christian Vlogger, aka digital missionary Justin Khoe, to experience faith in the first person. Justin's weekly YouTube show explores topics including dating, choosing a career, and how to study the Bible. Visit [ThatChristianVlogger.com](http://ThatChristianVlogger.com), search for That Christian Vlogger on YouTube, or follow @jkhoe on Instagram.



# AdventSource

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