



Pathfinder's Name

Sailing

- 1. Have the Intermediate Swimming Honor.
- 2. Know the "rules of the road" for boating.

- 3. Know how weather conditions and high wave conditions can affect safety and sailing performance.

- 4. What safety precautions should be followed when sailing?

- 5. With the help of a friend, do the following:
 - a. Get a sailboat underway from a dock, mooring, or beach.
 - b. Properly adjust sails for the following conditions:
 - (1) Beating the wind
 - (2) Beam reach
 - (3) Broad reach
 - (4) Close reach
 - (5) Downwind
 - c. Change tack by coming about and by jibing.
 - d. Return the sailboat to a dock, mooring, or beach, and prepare it for being unattended.

- ❑ 6. Know how to tie and use the following knots in sailing:

Square _____

Bowline _____

Clove hitch _____

Figure-eight _____

Two half-hitches _____

Mooring hitch _____

- ❑ 7. List ways to care for your sailing equipment throughout the year.

- ❑ 8. Have a knowledge of at least 20 terms used in sailing and their meanings.

	Terms	Meaning
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____
7.	_____	_____
8.	_____	_____
9.	_____	_____
10.	_____	_____
11.	_____	_____
12.	_____	_____
13.	_____	_____
14.	_____	_____

- 15. _____
- 16. _____
- 17. _____
- 18. _____
- 19. _____
- 20. _____

9. Identify at least 15 parts of a sailboat.

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____
- 7. _____
- 8. _____
- 9. _____
- 10. _____
- 11. _____
- 12. _____
- 13. _____
- 14. _____
- 15. _____

10. Demonstrate the rescue of a person overboard.*

11. Demonstrate what to do when a sailboat capsizes.*

Note: * These requirements should be done under the supervision of an adult, with a rescue boat, to give assistance if needed.

