



## Slow-Pitch Softball

1. Know the basic rules of slow-pitch softball.
2. What is the meaning of “Good Sportsmanship?”
3. Name and demonstrate your understanding of the skills required for the ten (10) softball playing positions.
4. Identify the following:

Bat	On deck circle
Batter’s box	Outfield
Coaches’ box	Pitcher’s mound
Diamond Bags	Pitching rubber
Glove	Right field
Home base	Left field
Infield	Softball
5. Define or explain the following game terms:

Bases Loaded	Home team
Bunt	Innings
Fielder’s choice	Lineup
Fly Ball	Popup
Force Play	Run
Foul tip	Score
Grand Slam	Strike zone
Grounder	The count
Home run	Walk
6. Explain the following official’s calls or rules:

Double Play	Ground rule double
Error	Infield fly rule
Fair ball	Out
Foul ball	Safe
7. Demonstrate the ability to read a basic scorecard that was scored in a game you participated in.
8. List and describe five (5) responsibilities of an umpire.
9. Name 5 mental and physical attributes to be gained from slow-pitch softball.
10. As a team or individual, develop a plan to practice outreach while completing the requirements for this honor. Possible options could include the following:
  - a. Invite 3 friends not from your church to play a game.
  - b. Have prayer before each game.
  - c. Exhibit good sportsmanship and fair play.
11. Play three (3) slow-pitch official games with an umpire and demonstrate reasonable skills.
12. Write a one page report on a famous athlete. Discuss why they are or are not a good Christian role model.
13. Discuss with your Pathfinder leader, pastor or teacher the problems facing a Seventh-day Adventist youth considering participating in sports in Jr. High, High School or college. What alternatives are there to allow for continued activity in sports?

### Skill Level I