

Social Determinants of Health



1. Define the following terms, as they relate to health:

a. Advocacy

b. Access

c. Vulnerable populations

d. Poverty

2. Briefly explain five key areas within the social determinants of health (SDoH):

a. Economic stability

b. Neighborhood and built environment

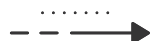
c. Social and community context

d. Healthcare access and quality

e. Education access and quality

3. Watch a video or explore a website that explains briefly about “Social Determinants of Health.”

Date completed _____



4. Find the demographics related to SDoH in your area. Compare your findings with those of nearby areas.

Date completed _____

5. Share at least one “social determinant of health” that you have observed in your community or in society in general. Create a visual showing how this SDoH is affecting people.

Date completed _____

6. Find a video or educational article of interest to you, regarding negative health outcomes caused by the quality of SDoH. After viewing/reading, discuss the connections between at least two “social determinants of health” and how they can trigger negative health outcomes in a population.

Date completed _____

7. Read the following Bible texts, then choose two that you believe best match what you will do to help the vulnerable and how this honors God.

- a. Deuteronomy 15:7, 10
 - b. Proverbs 19:17
 - c. Proverbs 22:9
 - d. Proverbs 31:8-9
 - e. Isaiah 58:10
 - f. Matthew 5:1-12
 - g. Matthew 25:40
 - h. John 5:3-10
 - i. 2 Corinthians 9:6-7
 - j. 1 Timothy 6:18
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8. Discover what the Adventist Church has officially stated on the topics of “Global Poverty” and “Commitment to Health and Healing.” Evaluate ways you think the church as a whole (or your local church) has succeeded in these goals. Brainstorm a list of specific things you think your club, group or church could do to assist the global church in these goals.

Date completed _____

9. Do one of the following:

- a. Create an educational presentation about the Social Determinants of Health for a younger group. Give the presentation.
- b. Focus on one area of the SDoH and find an organization you could assist who is working to improve a community’s access to resources. Report to your church board, pastor, or other adult group what you did to assist.
- c. Have a community leader who functions in a capacity related to Social Determinants of Health to come and speak to your group. Prepare 8-10 interview questions and provide them to this leader prior to the event. Summarize what they shared.

- d. Invite a community advocate professional to come speak to your group about what advocacy means and how being an advocate can help improve social determinants of health for a community. Summarize what they shared.
- e. Research what online organizations are doing to advocate for disadvantaged populations that are not experiencing full access to SDoH. Write a letter or create a pros and cons chart outlining your potential willingness (or lack of willingness) to support their cause.

Date completed _____

Skill Level 2

Original Honor 2024

