

What we  
**Believe**

**ACTIVITY BOOK**  
**For Guide Readers**

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# ADVENTIST BELIEF 1: THE HOLY SCRIPTURES

The Bible (both Old and New Testaments) is the written Word of God.\*

The Bible is the story of God’s astonishing plan to rescue humans from sin-filled planet Earth. It’s also a guidebook showing the way to a forever home in heaven. In the Bible you’ll discover epic stories, one-of-a-kind wisdom, stunning predictions, loving commands, fascinating family trees, a heart-changing Savior, and so much more.

The Bible is an *inspired* book. This means the Holy Spirit made sure its writers didn’t leave out anything important or add in things that were wrong.

**“All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness, that the man of God may be complete, thoroughly equipped for every good work” (2 Timothy 3:16, 17).**



# WAR IN THE WILDERNESS

When Satan tried to get Jesus to do things that went against the Bible’s teachings, Jesus countered Satan by saying a phrase that means “The Bible says . . .” What exactly did He say? Use the clues below to figure it out.

This word is short for *information technology*. \_\_\_\_\_

This word is found twice in *Mississippi*. \_\_\_\_\_

This word rhymes with *bitten*. \_\_\_\_\_

You can read about this dramatic incident in Matthew 4:1–11.



## IT’S ALIVE!

God sometimes “speaks” to people through His Word, the Bible. That’s one reason Hebrews 4:12 says that it’s “living.”

You’ll be surprised at how often what you read can make a difference in your day. Most important, your reading will help you to see the lengths God has gone to in saving the world. If you’re not reading God’s Word, you’re missing out on a lot. Ask the Holy Spirit to guide you each day as you read the Bible. See what God has to say to you!

**FIND THE ANSWERS  
TO ALL OF THE PUZZLES  
AND ACTIVITIES ON  
PAGES 73-79**

\*For the official belief statement visit [adventist.org/beliefs/fundamental-beliefs/god/holy-scriptures](http://adventist.org/beliefs/fundamental-beliefs/god/holy-scriptures).

## ADVENTIST BELIEF 2:

# THE TRINITY

The Father, Son, and Holy Spirit make up one God. This three-in-one relationship is called the Trinity.

Life is full of surprises—some welcome and others not so much. Whether you're at summer camp, home, on vacation, or anywhere else, it's good to know that heaven's eyes are on you. In fact, God is much bigger than you think!

### Triple Mystery

Is it possible for three things to also be one thing? Don't strain your brain too much—the Trinity is a heavenly mystery. Still, this might help.\*

Using a yellow colored pencil or marker, fill in the space between the two black lines making up the circle to the right. Now, using another color, fill in the same space, going directly over the yellow. Finally, choose a third color and repeat the process.

Did you notice something? You now have three colors but still only one circle between the two lines. It's not a perfect illustration of the Trinity (nothing in our human understanding really is), but this circle does give you an idea of how three Persons could still be one God. Talk about a mystery!

\* Thanks to children's pastor Sam Luce for this idea.

### Tri to Identify

*Tri* means three. Can you finish the *tri* words by looking at the pictures?



### POWER X 3

“Go therefore and make disciples of all the nations, baptizing them in the name of the *Father* and of the *Son* and of the *Holy Spirit*” (Matthew 28:19, emphasis added).

Although each member of the Trinity has various roles, in a very basic sense you could think of the Trinity this way:

#### FATHER: PROVIDER

God the Father always has our best interest in mind and loves to meet our needs.

**“Every good gift and every perfect gift is from above, and comes down from the Father of lights, with whom there is no variation or shadow of turning” (James 1:17).**

#### SON: REDEEMER

Jesus the Son rescues us from sin and eternal death.

**“Whoever believes in the Son has eternal life” (John 3:36, NIV).**

#### HOLY SPIRIT: HELPER

The Holy Spirit helps us grow spiritually.

**“But the Helper, the Holy Spirit . . . will teach you all things” (John 14:26).**

TRI \_\_\_\_\_



TRI \_\_\_\_\_



TRI \_\_\_\_\_



TRI \_\_\_\_\_



TRI \_\_\_\_\_



TRI \_\_\_\_\_



TRI \_\_\_\_\_

FATHER, SON,  
HOLY SPIRIT

#### BEFORE YOU LEAVE

“The grace of the Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all” (2 Corinthians 13:14).



# ADVENTIST BELIEF 3: THE FATHER

All life and love comes from God the Father.

Bad things happen—a skating accident, a health crisis, a pet’s death—and more. Thankfully, your loving heavenly Father is there to help pick you up, even when the worst happens.

## WHO'S IN CHARGE HERE?

Who keeps the world spinning, the stars in place, and your heart beating? Here's the answer:

“You alone are the Lord. You made the heavens, even the highest heavens, and all their starry host, the earth and all that is on it, the seas and all that is in them. You give life to everything, and the multitudes of heaven worship you” (Nehemiah 9:6, NIV).

God the Father keeps all life going. We can learn about physics and more, but God is behind it all. In our broken world, of course, things also die—including people. But that’s only because God, who knows everything, allows His plan of salvation to include the results of sin. But in the end, He’s still got you covered with the promise of *eternal* life. God the Father is more than a cosmic perpetual motion machine, though. He is the source of love itself!

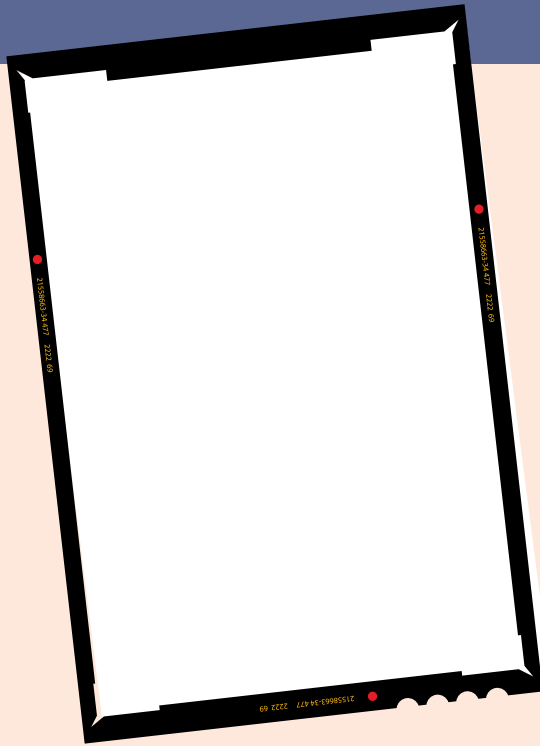
## PICTURING GOD

People think of God the Father in various ways. Circle the picture(s) that best represents how *you* view God. (Be honest!)

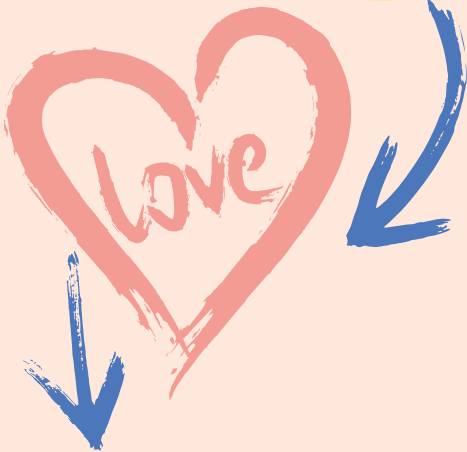




**DO YOU THINK OF GOD IN SOME OTHER WAY? IF SO, DRAW IT HERE:**



**EVEN IF A PERSON HOLDS A NEGATIVE VIEW OF GOD, HERE'S WHAT THE BIBLE SAYS HE'S REALLY LIKE:**



**"He who does not love does not know God, for God is love" (1 John 4:8).**

What does it mean that "God is love"?

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Do good fathers sometimes discipline their children? Of course, and God the Father does too. But He always does it to help His children grow in His love.

The truth is that some earthly fathers fail—sometimes very badly. Some mothers mess up too. But with God as your heavenly Parent, even if you don't know who your birth mom or dad is, you'll never be alone. You can count on this promise:

**"For the LORD your God, He is the One who goes with you. He will not leave you nor forsake you" (Deuteronomy 31:6).**

Not only is God's life-giving power everlasting—so also is His love! You can reject God, but He will *not* stop loving you. And just for the record, you didn't do anything "good enough" to first earn God's love. *He* started the relationship:

**"We love Him because He first loved us" (1 John 4:19).**